

**Table 3.** Sport activity and return to play.

Authors	Age	Number of patients	RTS (%)	RTS level (%)	Tegner activity scale	Findings
Kamada et al <sup>19</sup>	71.6 years (65-81 years)	50 patients (62 knees)	N.R.	N.R.	N.R.	15 patients (26.7%) performed SPA, and 14 (25.0%) after ( $p=0.21$ ). Mean time to RTP: $14.1\pm10.0$ months; frequency: $4.2\pm2.1$ times/week post-op. 3 patients who did not perform sports preoperatively started performing sports postop. 11 (19.6%) patients were able to improve the amount of sport performed.
Otoshi et al <sup>20</sup>	<70	36	24 (96.0)	Higher level: 0 (0) Same level: 16 (66.7) Lower level: 8 (33.3)	3.3 $\pm$ 1.4	91% of patients aged $\geq 70$ years returned to sports activities, and 77% of them could perform postoperatively at the same or higher level compared to the preoperative level.
	>70	38	31 (91.2)	Higher level: 1 (3.2) Same level: 23 (74.2) Lower level: 7 (22.6)	2.7 $\pm$ 1.2 ( $p=0.16$ )	

Return To Sport (RTS), Return To Play (RTP), Not Reported (N.R.).